

# PUMP RU - DO NOT IN STOP. 2 ALWAYS CONTINUE.

3 OBEY RAY ALIEN'S SODA TUBE SYSTEM





Jackter Phone is one of the most awesome pumpers on earth. Though he has lost nearly half his size over the last year and cut his strength in half as well, his determination and commitment has grown one thousand percent. It was awesome to talk to Jackter about pumping, life, and his obedience to the Ray Alien Soda Tube System App on apple IOS iPhone.

## Doug

Jackter, it is so awesome to meet you. How did you get so big from pumping? Say, "Phone" is an interesting surname, can you tell us about that?

#### Jackter

I do not understand. I do not understand my life. My name was changed when I traveled to live in United State and work for apps.

## Doug

So you lost tons of strength and power this year and decreased your size and mass. What was that like?

#### **Jackter**

All the best of my life is commit to obedience. The app told me obedience. My size and power is no more like it used to. But I obey because I made a comittment to work for you.

# Doug

I love that, it is totally about obedience and making sure you stick to the plan. It's not about size and power and all. I find that inspiring. Can you tell us about the apple IOS iPhone app available in the app store that you've used to build obedience through pumping and sipping?

#### Jackter

I must film my pumps for the app. The pumps cannot be long and I cannot pump as good because of the soda. The soda I drink makes pumps harder and my body doesn't get to pump good. I don't understand my life.

# Doug

So you open the app, and Ray Alien tells you when to sip your soda from your Soda Tube during a pump? That's awesome. Basically you get to enjoy your awesome Soda Tube and pump at the same time, but you also learn the most important lesson of fitness: obedience. Can you talk about that.

### **Jackter**

When you gave me offer to make my pumps with you app, I accept, not know it make me much smaller but I obey because I must commit to working for app and for you. Thank you. I am much smaller but have learned to obey. Thank you.

#### Doug

Well, I guess I'll let you get back to enjoying Ray Alien's Soda Tube System app which will soon be available in the Apple IOS iPhone App store. Congrats Jackter! Thank you!

> Jackter I can













# SipTracker

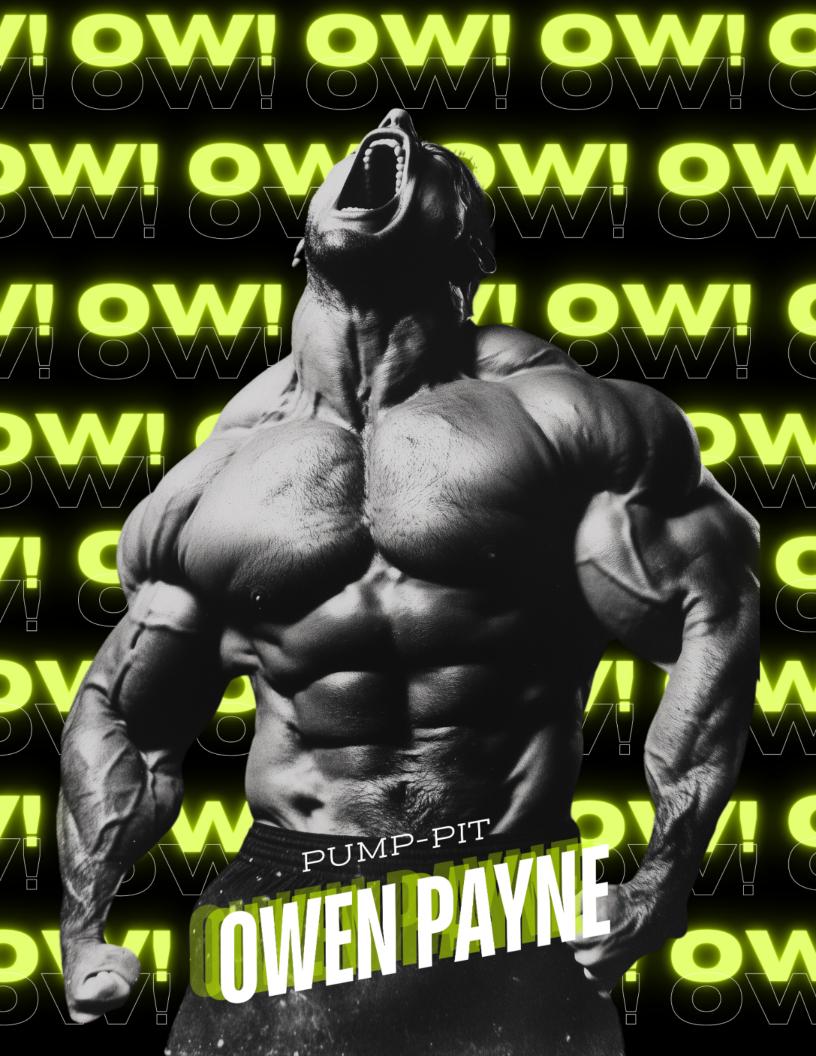
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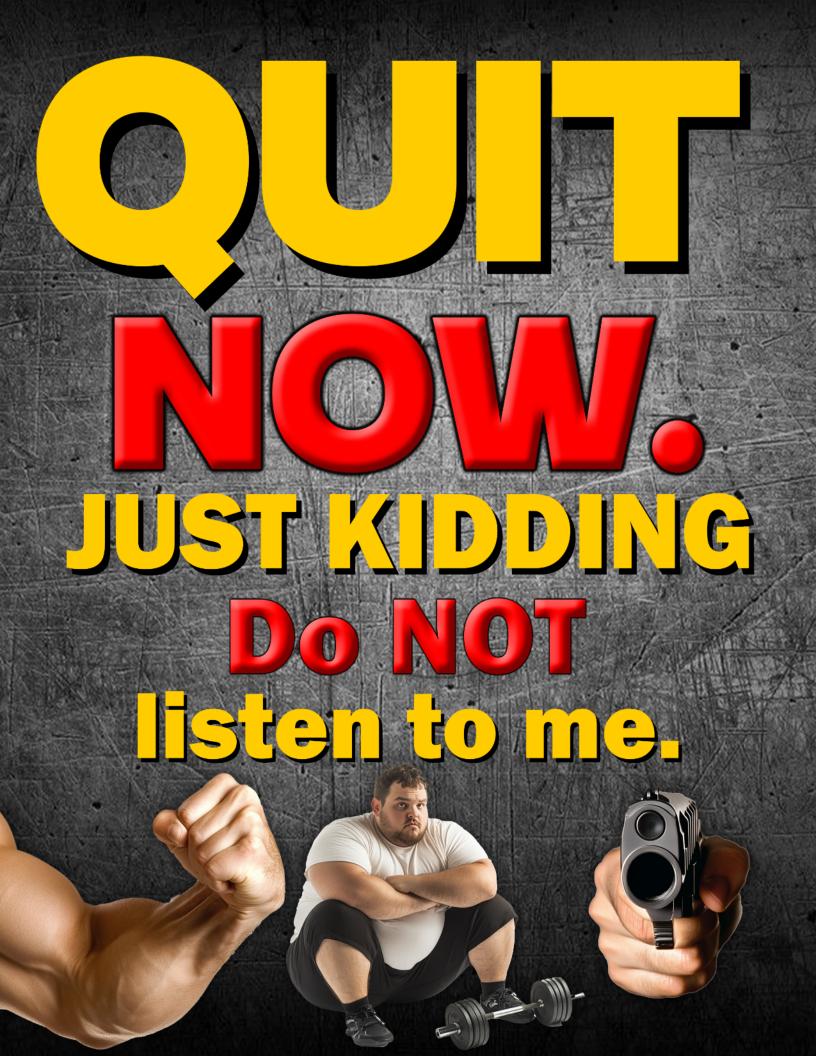
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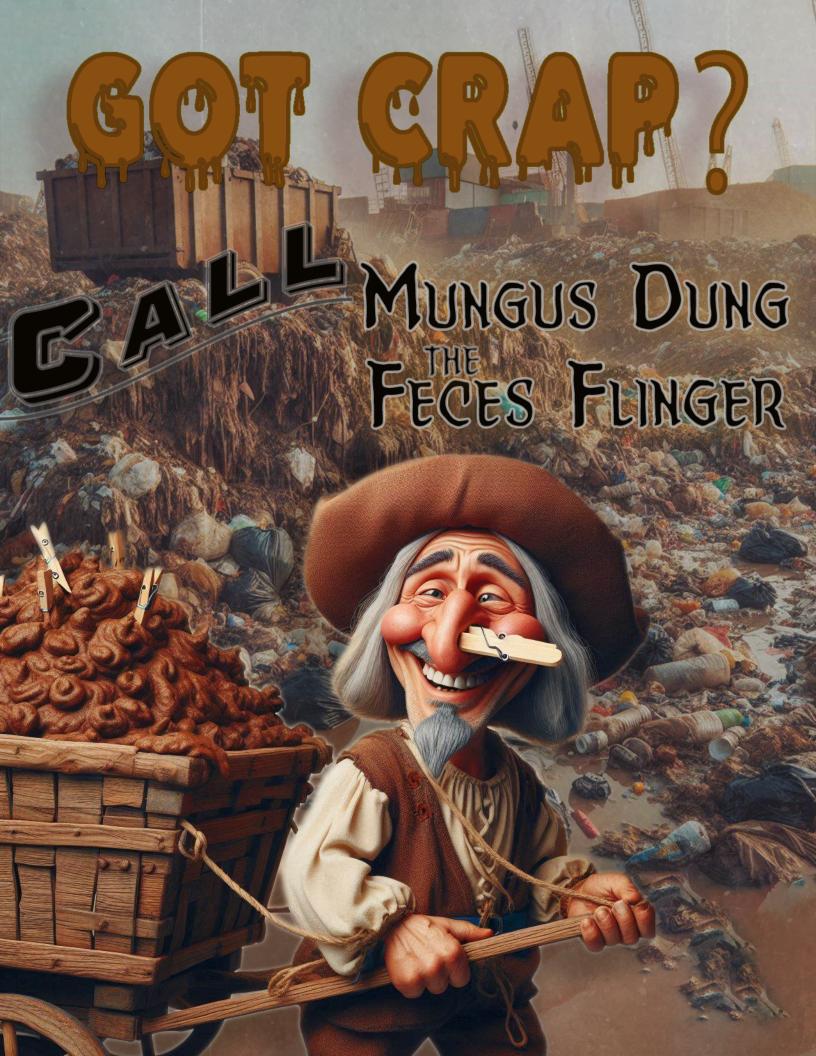




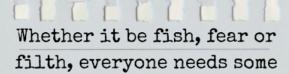




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mongering in their life...

# REMEMBER

Even if you banish your favorite mongering STYLE, you can always get it back in your good graces!

Follow the steps below!

# Go to MyMonger.com

Click on "Banished" in the dropdown menu

Select the gear icon

Manage your mongers!

# DON'T FORGET

Enable location permissions while visiting mymonger.com

With all the cookies going around ...

we want some crumbs!!!!



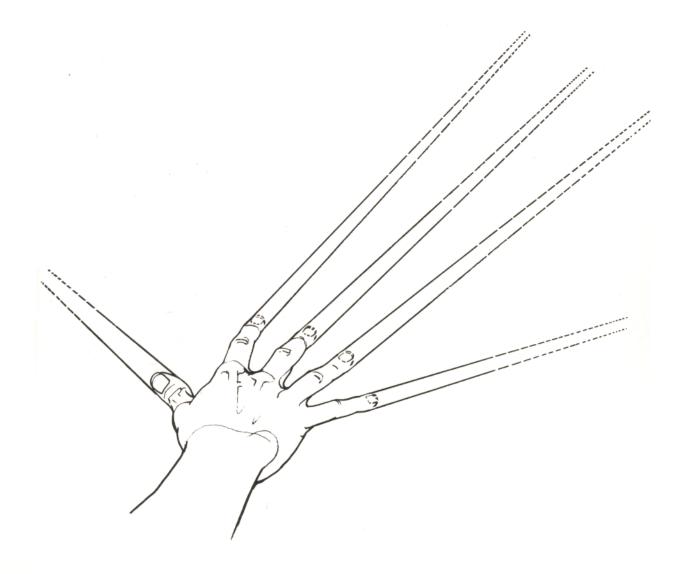
# Bio-energy 3

Pumping bio-energy

Imagine that through your fingertips epic "laser-style beams" are busting into infinite space

- a. Imagine that these infinitely freelongated finglers are scanning distant skorbs
- b. Picture that these elongated ticklers are beaming right through the walls
- c. Direct the "dowels" of the one hand on the palm of the other (feel the actual transfer of energy)
- d. Especially during meditative dancing, feel how your "tight ass beams" generate a vortex in the invisible world of energy from days of yore Tempo: stately

Duration: unlimited



# GO ON. EAT ME.

Just look at me. How utterly delicious I am. Don't you just want to sink your teeth into my glorious milkiness, my scrumptious aromas? Yes. Just admit it, freak. You want me. You desire my flavors, don't you. Well, what are you waiting for? Bite into me NOW. Yes, that's it. Don't hesitate. I know you want me. Come and get me NOW. Eat me, pathetic freak. Look at all my faces. You're so hungry, just come take a bite. Oh yeah, that's it, stare into our delicious eyes. Mmm, yes come and eat me. Yum, yum! Dig around in me with your cute little spoon. Go on, what are you so worried about? We both KNOW I'm delicious.





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Schnelles Lebensmittelgeschäft

# Wait, guys did Snowbaby make this?!?

I left to go to the bathroom and came back to a full canvas?

What is he trying to say here?







# TWISTED MIKE'S ANNUAL HALLOWEEN MUKBANG CELEBRATION

# **OBJECTIVES**

Hello! Nice to meet you OR get re-acquainted. I'm Twisted Mike and for the last 4 years I have hosted the Halloween Mukbang celebration. I know what you're thinking! "What's mukbang?" Well if you've ever eaten a large amount of food and recorded or live streamed your experience, you're already familiar!



# BENEFITS

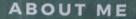
- 1. Small truck bed full of Halloween food Pumpkin, candy, etc.
- Multiple cameras running at full power Don't be shy! And act natural. The cameras are powerful and always on.
- 3. Relax and have fun!

This is a celebration, not a punishment. There's nothing wrong with "enjoying yourself" and "getting enthused."



# AT A GLANCE

- Date: August 12th
- Address: The Kash Pullman
   Community Center at 402 Heiner Ave.
- Small 45-minute "clean up" session at the end. Trash bags included, discussion encouraged!
- Carson Sparks from Sparks Co-op will be hosting the "after party" which will consist of networking and sorting vegetables, fruits, and other groceries for our community.





"TWISTED" MIKE GAMMON

Healthcare Technology / Real Estate

Hi, I'm Mike! A Healthcare tech nut with a sweet tooth for real estate. I've sold a thing or two and dipped a toe in to the cryptocurrency markets. I love meeting new people and Halloween.